

CalWORKs Services Provided

The following is a summary of the services

L.A. CADA provides to CalWORKs eligible participants:

- Outpatient Treatment
- Intensive Outpatient Treatment
- Residential Care and Treatment
- Treatment for Parent with Child
- Group Counseling
- Individual Counseling
- Mental Health Evaluations
- Medication Monitoring
- Therapy with Licensed Clinicians
- Monitored UA Testing
- Parenting Education
- Anger Management Counseling
- Domestic Violence Counseling:
 - Includes a probation-approved, 2-week program for batterers
- Vocational Counseling
- Comprehensive Case Management
- Mutual Support Groups On-Site:
 - Alcoholics Anonymous
 - Narcotics Anonymous
 - Al-Anon
- Specialized Evidence-Based Groups:
 - Project Fatherhood
 - Seeking Safety
 - Living in Balance



- Services in English and Spanish
- On-Site Child Care
- Transportation Assistance

Funding, Insurance, Payment

Certain services related to the treatment of substance use disorders are funded through agreements with the County of Los Angeles Public Health Department, including CalWORKs and Medi-Cal. Some health insurances are accepted. A sliding payment scale is available to others, and some of our services are offered at no-cost to the community.

To schedule an assessment and placement in one of our premier programs through CalWORKs funding, please visit us at the following L.A. CADA locations:

SPA 7 (Santa Fe Springs)

OUTPATIENT AND INTENSIVE OUTPATIENT

11015 Bloomfield Avenue, Santa Fe Springs, CA 90670

562.906.2676

RESIDENTIAL - ALLEN HOUSE

11121 Bloomfield Avenue, Santa Fe Springs, CA 90670

562.906.2685

SPA 4 (Downtown Los Angeles)

OUTPATIENT AND INTENSIVE OUTPATIENT

470-A & B East 3rd Street, Los Angeles, CA 90013

213.626.6411



www.lacada.com

Bringing hope to families since 1971

CalWORKs

California Work Opportunity and Responsibility to Kids Program



PROVIDED BY



Bringing hope to families since 1971

**Los Angeles Centers
for Alcohol and Drug Abuse**

Our Mission...

To save lives.

To unite families.

To protect the community
through healthy living education
and addiction counseling.

Who We Are...

The Los Angeles Centers for Alcohol and Drug Abuse (L.A. CADA) has a distinguished 42-year history of providing vital services to those with substance use and behavioral disorders, through education, counseling, prevention, intervention, and treatment services.

L.A. CADA is licensed and certified by the State of California Department of Alcohol and Drug Programs, and approved by the County of Los Angeles Substance Abuse Prevention and Control.

L.A. CADA offers client-centered services across a wide continuum of care and treatment, including outpatient, intensive outpatient and residential programs for men, women, and children, in English and Spanish. Services are provided at various locations and include outreach intervention, prevention and treatment services to individuals experiencing HIV/AIDS, homelessness and/or at-risk of homelessness.

All of our programs have licensed and supervised professionals on site to provide mental health evaluations, therapy, and medication monitoring. Treatment is integrated and trauma-informed for those with co-occurring mental health and substance use disorders.

What is CalWORKs?

California Work Opportunity and Responsibility to Kids (CalWORKs) is a time-limited program that provides financial assistance to eligible needy families with/or expecting children, to help pay for housing, food, utilities, clothing, medical care, and other necessary expenses.

Eligibility

Generally, families are eligible to receive cash aid and services when:

- The eligible children are deprived of parental support or care due to:
 - Death
 - Incapacity
 - Unemployment or underemployment
 - Continued absence of one or both parents
- A needy or non-needy caretaker provides care for foster children.

Assistance

The program also provides assistance with the following types of services:

- Homeless Assistance
- Cal-Learn, a teen parent program
- Welfare-to-Work services by participating in the Greater Avenues for Independence (GAIN) program which provides the following types of assistance:
 - Job preparation and work opportunities
 - Child care
 - Specialized supportive services such as domestic violence, treatment for mental health and substance abuse problems, and Family Preservation Program.

Receiving many of these services enables parents who are recipients of CalWORKs assistance to become self-sufficient.

We are a CalWORKs provider

L.A. CADA offers outpatient, intensive outpatient and residential treatment of substance use disorders, including clients with co-occurring disorders, with funding through CalWORKs. CalWORKs eligible clients can be moved up and down this continuum of care, for highly individualized, person-centered care and treatment.

Outpatient Treatment

Outpatient treatment consists of one or more group counseling sessions, two or more days a week, and weekly individual counseling sessions, with our Certified Addiction Treatment Counselors. Additionally, individual therapy sessions with Masters' level and/or Licensed Clinicians are available. The length of time in Outpatient treatment varies, depending upon the person, but can be for as little as a month, up to nine months. Outpatient programs are located in Santa Fe Springs and Downtown Los Angeles.

Intensive Outpatient Treatment

Intensive Outpatient treatment consists of two or more group counseling sessions, three or more days a week, plus individual counseling sessions, comprehensive case management, and vocational counseling services, as needed. The length of time in Intensive Outpatient treatment varies depending upon the person, but can be for as little as a month, up to six months. Intensive Outpatient programs are located in Santa Fe Springs and Downtown Los Angeles.



Residential Treatment

Residential treatment consists of in-patient care and treatment at Allen House, a newly refurbished, state-of-the-art facility located in Santa Fe Springs. Highly structured, individualized care and treatment includes group and individual counseling with Certified Addiction Treatment Counselors, individual therapy sessions with Masters' level and/or licensed Clinicians, and comprehensive case management and vocational counseling services, as needed. The length of time in Residential treatment varies, from one month to six months, depending upon the person.

Allen House has funding available for CalWORKs participants which includes providing care and treatment of fathers or mothers with a young child. In this way, the parent is not separated from their child while participating in Residential treatment. This unique program is yet another example of L.A. CADA's commitment to client-centered care and treatment.

Continuum of Care

Clients can start at any of the above levels and be moved up or down the continuum of care, based upon their progress in treatment and success in early recovery. Clients may start at one level, but based upon their own unique needs and ASAM established placement criteria, are moved up or down to an appropriate level of care that keeps the client engaged, provides the maximum amount of flexibility for the client, where appropriate, and support for the client, as needed.



At all levels along the continuum of care, L.A. CADA's programs incorporate critical psycho-educational groups as part of treatment, including but not limited to:

- Parenting Education
- Anger Management
- Domestic Violence (*for victims and for batterers*)
- Drug Education
- Relapse Prevention
- Health and Wellness

L.A. CADA's programs also provide evidenced-based curriculum, including:

- Living in Balance (*for those with co-occurring disorders*)
- Seeking Safety (*for those with past history of trauma*)
- Project Fatherhood (*with Children's Institute, Inc.*)

L.A. CADA conducts random, monitored urinalysis testing with verified results through a laboratory. A period of sustained abstinence is a requirement for successful completion at all levels of care and treatment, but is just one of many components of a meaningful treatment experience. Continuing care extends to all clients who complete any of the treatment levels. L.A. CADA offers mutual help groups (*12-Steps, including A.A. and N.A.*) on-site to its clients and to the community at large.

